





















MONMOUTH CROSSING JANUARY 2022 ACTIVITIES CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>Tune in Channel 591 for Special Activities, Exercise and Wellness Programs and Important Information</p> 	<p>Another fresh new year is here, Another year to LIVE! To banish worry, doubt, and fear To love and laugh and GIVE!</p> <p>- WILLIAM ARBOR WARD</p> 	<p>Activities are subject to change based on Residents interests.</p>		<p>1 New Year's Day! 10:00am Virtual Shabbat Service-GR 10:30am-New Year's Chat: What we're leaving behind- Discussion-GR 1:30pm Manicures & Gametime!-AR 2:30pm- Bingo-AR</p>
<p>2 10:00am Virtual Catholic Service (Livestream St. Roberts Mass- YouTube) -GR 10:30am- Lucky Dog-AR 1:30pm- Word games on iN2L-GR 2:30pm- Bingo-AR 6:00pm Movie- Ch 591</p> 	<p>3 10:00am-Tai Chi with Aleta-GR 10:30am- Massages with Aleta- Library 10:45am- POKENO-AR 1:30pm- Men's Club- NEW SPOT! 3rd Floor Lounge 1:30pm Gametime in AR 2:30pm-Bingo-AR</p>	<p>4 10:00am Exercise with Peggy!-GR 10:30am- Bingo!-AR 1:15pm Manicures & Music-AR 2:30pm- Entertainment with Lou Reed!-GR 4:00pm- Gameshows in the Great Room!</p> 	<p>5 10:00am Sunny Skyz News -GR 10:30am- LIVE Chair Zumba!-GR 11:00am- Bird Day Documentary -GR 1:30pm Trip to Dollar Store & ShopRite 1:30pm- Making Bird Feeders!-AR 2:30pm GOT IT!-AR 4:00pm- America's Got Talent-GR</p>	<p>6 10:00am- Chair Yoga with Peggy!-GR 10:30am- Lucky Dog-AR 1:15pm- Gametime in AR 2:30pm – Watercolor Painting with Ester! 4:00pm- America's Got Talent-GR 6:00pm Documentary Series-GR</p>	<p>7 10:00am- Ball Exercise-GR 10:30am- Elvis's Birthday Tribute!-GR 1:00pm- Jailhouse Rock Movie!-GR 2:45pm Elvis Themed Happy Hour Bingo - DR</p> 	<p>8 10:00am Today in History-AR 10:00am Virtual Shabbat Service-GR 10:30am- The Great Debate-AR 1:15pm Manicures & Music-AR 2:30pm- Bingo-AR 6:00pm Movie- Ch 591</p> 
<p>9 10:00am Virtual Catholic Service-GR 10:30am- Bingo-AR 1:15pm Manicures & Music-AR 2:30pm- Bowling Tournament!!-GR 6:00pm Movie- Ch 591</p> 	<p>10 10:00am Ball Toss Exercise-GR 10:30am- Morning at the Spa-AR 1:30pm- Resident Council & Food Forum-GR 2:30pm Wine & Cheese Happy Hour & Paul Anka Tribute!-GR</p> 	<p>11 10:00am Exercise with Peggy!-GR 10:30am- Mind Games- GR 1:15pm- Famous Faces-AR 2:00pm- Classic Movie Time: featuring.....Casablanca! (popcorn & soda pop served) 4:00pm- Gameshows in the Great Room!</p>	<p>12 10:00am Ball Exercise-GR 10:30am- Lucky Dog-AR 1:30pm Trip to Stop & Shop 1:30pm Show & Tell! Bring one memento to share (drinks and snacks served!)-AR 2:30pm Entertainment with Julian!-GR 4:00pm- America's Got Talent-GR</p> 	<p>13 Happy Birthday Carolyn Hickson!! 10:00am- Chair Yoga with Peggy!-GR 10:30am- POKENO-AR 1:15pm- Manicures & Music-AR 2:30pm- Sip & Paint-AR 4:00pm- Gameshows in the Great Room!</p> 	<p>14 10:00am- Ball Exercise-GR 10:30am- Cover That Number-AR 10:30am- Ted Talk -GR 1:30pm- Music Appreciation- Barbara Streisand-GR 2:30pm Friday Happy Hour Bingo - DR</p>	<p>15 10:00am Today in History- AR 10:00am Virtual Shabbat Service-GR 10:30am- Zip Code Roll-AR 1:15pm- Word Games on iN2L-GR 2:30pm Bingo-AR 6:00pm Movie- Ch 591</p> 
<p>16 10:00am Virtual Catholic Service-GR 10:30am- Lucky Dog-AR 1:30pm- You Be the Judge-GR 2:30pm- Art with Heart- Art Project with Karen!-AR 6:00pm Movie- Ch 591</p> 	<p>17 Martin Luther King Jr. Day 10:00am-Tai Chi with Aleta-GR 10:30am- History of MLK and Civil Rights Movement-GR 1:15pm- iN2L Crossword Contest!-GR 2:30pm- Bingo-AR</p> 	<p>18 10:00am Exercise with Peggy!-GR 10:30am- Zip Code Roll-AR 1:15pm- Art Project with Katy!-AR 2:30pm- Snow Day Reminiscence-AR 4:00pm- Gameshows in the Great Room!</p> 	<p>19 10:00am Sunny Skyz News -GR 10:30am- LIVE Chair Zumba!-GR 11:00am- GOT IT!-AR 1:30pm Scenic Ride 1:00pm- Gametime in AR 2:00pm- Bingo-AR 2:30pm Men's Club- NEW SPOT! 3rd Floor Lounge 4:00pm- America's Got Talent-GR</p>	<p>20 10:00am- Chair Yoga with Peggy!-GR 10:30am- Bingo-AR 1:30pm- Manicures & Music-AR 2:30pm- Beat the Winter Blues Party with Music by Rob Ballonoff!-GR 4:00pm- Gameshows in the Great Room! 6:00pm Documentary Series-GR</p>	<p>21 Happy Birthday Edith Light! 10:00am- Ball Exercise-GR 10:30am Virtual Shabbat Service-GR 10:30am- Lucky Dog-AR 1:30pm- Word Games on iN2L-GR 2:30pm Friday Happy Hour Bingo - DR</p> 	<p>22 10:00am Today in History- AR 10:00am Virtual Shabbat Service-GR 10:30am- Bingo-AR 1:30pm- Painting Ceramics-AR 2:30pm Getting to Know You- Afternoon Coffee & Conversation-AR 6:00pm Movie- Ch 591</p>
<p>23 10:00am Virtual Catholic Service-GR 10:30am- Gametime in AR 1:30pm- Nature Documentary and Animal Trivia!-GR 2:30pm- Bingo-AR</p> <p>30 10:00am Virtual Catholic Service-GR 10:30am- Lucky Dog-AR 1:30pm- Bowling!-GR 2:30pm- Bingo-AR 6:00pm Movie- Ch 591</p>	<p>24 10:00am Fit Express-GR 10:30am GOT IT!-AR 1:15pm Word Games on iN2L-GR 2:30pm- Bingo-AR</p> <p>31 10:00am Fit Express-GR 10:30am Ted Talk -GR 1:15pm Manicures & Music-AR 2:30pm- Famous Faces Bingo & Movie Star Game!-AR</p>	<p>25 10:00am Exercise with Peggy!-GR 10:30am- Trivia Tuesday-GR 11:00am- Word Games-GR 1:15pm- POKENO-AR 2:30pm- Trip Back to Medieval Times! -GR 4:00pm- Gameshows in the GR</p> 	<p>26 10:00am Ball Exercise-GR 10:30am- POKENO-AR 1:30pm Trip to Stop & Shop 1:30pm Gametime in 1st floor Game Room 2:30pm- Ladies Club- AR 4:00pm- America's Got Talent-GR</p>	<p>27 10:00am- Chair Yoga with Peggy!-GR 10:30am-The Mozart Effect (Lecture/Discussion)-GR 1:30pm- Cover That Number-AR 2:30pm- Monmouth Crossing Spelling Bee! (Win prizes!!)-AR 4:00pm- Gameshows in the Great Room! 6:00pm Documentary Series-GR</p>	<p>28 10:00am- Ball Exercise-GR 10:30am- Art Project: Pollock Paintings-AR 2:00pm- Tea Party with Ester!-AR 3:30pm- Gameshows in the Great Room!</p> 	<p>29 10:00am Today in History- AR 10:00am Virtual Shabbat Service-GR 10:30am- Zip Code Roll-AR 1:15pm-Manicures & Music-AR 2:30pm Bingo-AR 6:00pm Movie- Ch 591</p>