

Monmouth Crossing

ASSISTED LIVING

560 Iron Bridge Rd • Freehold, NJ 07728 • (732) 303-8600

April 2024



HAPPY BIRTHDAY

ROSE K..... 4/1
ARLENE M..... 4/16
GERALDINE R..... 4/24



A Festive Passover

Happy Passover to all of our residents! May your festival celebrations be filled with joy and delight.



Welcome to April

The world is remembering its roots this month as spring starts turning everything green! No matter how fickle the weather may be, we always anticipate the new beginnings this freshest of months brings. Of course, April is full of other celebrations, like April Fools' Day (1st), Earth Day (22nd) and even National Velociraptor Awareness Day (18th). However you choose to have fun this month, we hope you enjoy the brightening days!



Self-Care Corner: Dose of Daylight






Did you know sunlight is a natural mood booster? As spring starts, take advantage of longer daylight hours and schedule time for sunshine, whether it's eating lunch outdoors or going for a walk after dinner. Research shows that letting sunlight hit your eyes can raise levels of serotonin, which helps keep you calm, and regulate your sleep cycle.

GR Great Room
AR Activity Room
DR Dining Room
P Patio
3F 3rd FL Resident Lounge

B Bus
Bus (Sign-Up Required)
☆ Spiritual
☪ Creative
† Spiritual

↔ Physical
✓ Cognitive
†† Culinary
\$ Money Required
♪ Social

🃏 Cards
★ By Appointment Only

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All Fools' Day/ HAPPY BIRTHDAY ROSE 10:00 GR Monday Move It ↔ 10:30 AR LCR 1:30 AR April Fools' Trivia and Chat 2:30 AR Creating with Clay 2:30 GR Independent Poker 6:00 AR Independent Games ✓	8:30 Morning Meditation Ch591 10:00 GR Fitness Fanfare ↔ 10:30 AR Cook Book Club with Peggy 1:00 B TRIP: WALMART 🚗 1:30 AR Let's Make Meatballs 2:30 DR DIME BINGO \$ 4:00 GR Kids Say The Darnedest Things, Ch 591 6:00 GR Movie Night: Residents' Choice from Netflix	10:00 GR Active Alliance ↔ 10:30 AR UNO 1:30 GR Bowling 2:30 AR Rainbow Craft 4:00 GR America's Got Talent 6:00 AR DIME BINGO \$	10:00 GR Fresh and Fit ↔ 10:30 AR Bloomin' Gardens with Eldergrow 1:30 GR Independent Poker 1:30 AR Spa Afternoon with Peggy 2:30 DR DIME BINGO \$ 6:00 AR Evening Entertainment with Lisa ♪	10:00 GR Exercise or Silver Sneakers ↔ 10:30 GR Family Feud 11:00 GR Religious Services with Chaplain Bill † 1:30 AR Lucky Dog 2:30 DR Entertainment with Lou O. ♪ 4:00 GR Game Shows	10:00 GR Shabbat Service with Cantor Siet ☆ 11:00 GR Weekend Workout ↔ 1:30 AR Music & Manicures ★ 2:30 DR DIME BINGO \$
10:00 GR Virtual Catholic Service (Livestream St. Robert's Mass: YouTube) † 11:00 AR Move It, Shake It, Lift It! ↔ 1:30 AR Trivia 2:30 AR Pokeno \$ 6:00 Movie: <i>Think Like A Man Too Ch 591</i>	10:00 GR Monday Move It ↔ 10:30 AR Zip Code Roll 1:30 AR Autism Awareness Chat 2:30 DR DIME BINGO \$ 6:00 AR Independent Games ✓	8:30 Morning Meditation Ch591 10:00 GR Fitness Fanfare ↔ 10:30 AR Perspectives on Claude Monet 1:30 AR Game Day 1:30 3F Knitting/Crocheting Club ☪ 2:30 GR Poker with The Senior Poker Club 🃏 4:00 GR Kids Say The Darnedest Things, Ch 591 6:00 GR Movie Night: Residents' Choice from Netflix	10:00 GR Active Alliance ↔ 10:30 AR Horse Racing 1:30 GR Sing-A-Long 2:00 AR LCR with Anna 2:30 P Patio Chats with Teresa 4:00 GR America's Got Talent 6:00 AR DIME BINGO \$	10:00 GR Fresh and Fit ↔ 10:30 GR National Poetry Month-Read Poetry 1:30 AR Ladies' Club 2:30 DR DIME BINGO \$ 6:00 AR Independent Games ✓	10:00 GR Exercise or Silver Sneakers ↔ 10:30 AR Pokeno 1:30 AR Watercolor Bookmarks 2:30 DR Entertainment with John Harvey ♪ 4:00 GR Game Shows	10:00 GR Virtual Shabbat Services ☆ 10:30 GR Weekend Workout ↔ 11:00 GR Words That Start With.... 1:30 AR Music & Manicures ★ 2:30 DR DIME BINGO \$
10:00 GR Virtual Catholic Service (Livestream St. Robert's Mass: YouTube) † 11:00 AR Move It, Shake It, Lift It! ↔ 1:30 AR Trivia 2:30 AR Pokeno \$ 6:00 Movie: <i>Shall We Dance? Ch 591</i>	10:00 GR Communion with Deacon Rolf † 10:30 GR Monday Move It ↔ 11:00 AR Got It! 1:30 GR You Be The Judge 2:30 GR Happy Hour 6:00 AR Independent Games ✓	HAPPY BIRTHDAY ARLENE 8:30 Morning Meditation Ch591 10:00 GR Fitness Fanfare ↔ 10:30 AR In the Kitchen with Peggy 1:00 B TRIP: Gus' Diner 🚗 1:30 GR Independent Poker 1:30 AR Manicures with Peggy 2:30 DR DIME BINGO \$ 4:00 GR Kids Say The Darnedest Things, Ch 591 6:00 GR Movie Night: Residents' Choice from Netflix	10:00 GR Active Alliance ↔ 10:30 AR Zip Code Roll 1:30 AR Pokeno 2:00 GR Spa Day 2:30 P Patio Chats: Current Events 4:00 GR America's Got Talent 6:00 AR DIME BINGO \$	10:00 GR Fresh and Fit ↔ 10:30 GR Lecture with Dr. Stacey Gallacher ✓ 12:00 GR Hooray for Takeout: La Rosa Chikentt 1:30 GR Resident Council 2:30 DR DIME BINGO \$ 6:00 AR Evening Entertainment with Joey S. ♪	10:00 GR Exercise or Silver Sneakers ↔ 10:30 AR Got It! 1:30 GR Who, What, Where Am I? 2:30 DR Entertainment with Bruce Foster ♪ 4:00 GR Game Shows	10:00 GR Shabbat Service with Cantor Siet ☆ 11:00 GR Weekend Workout ↔ 1:30 AR Music & Manicures ★ 2:30 DR DIME BINGO \$
10:00 GR Virtual Catholic Service (Livestream St. Robert's Mass: YouTube) † 11:00 AR Move It, Shake It, Lift It! ↔ 1:30 AR Ice Cream Social 2:30 AR Pokeno \$ 6:00 Movie: <i>Corrina, Corrina Ch 591</i>	Passover Begins/ Earth Day 10:00 GR Monday Move It ↔ 10:30 AR Got It! 1:30 GR Bowling 2:30 DR DIME BINGO \$ 6:00 AR Independent Games ✓	8:30 Morning Meditation Ch591 10:00 GR Fitness Fanfare ↔ 10:30 AR Crafts with Peggy 1:30 3F Knitting/Crocheting Club 2:30 GR Poker with The Senior Poker Club 🃏 4:00 GR Kids Say The Darnedest Things, Ch 591 6:00 GR Movie Night: Residents' Choice from Netflix	HAPPY BIRTHDAY GERALDINE 10:00 GR Active Alliance ↔ 10:30 AR Christian Faith Sharing with Anna † 1:30 GR Bowling 2:00 AR UNO 2:30 GR Favorite Comedy Shows 4:00 GR America's Got Talent 5:00 GR Seder Dinner: Sign-Up Required ☆ 6:00 AR DIME BINGO \$	10:00 GR Fresh and Fit ↔ 10:30 P Bloomin' Gardens with Eldergrow 10:30 GR Vendor Sales: Mary Ellen Jewelry 1:30 DR Coffee Chats 1:30 AR Men's Club 2:30 DR DIME BINGO \$ 6:00 AR Independent Games ✓	National Pretzel Day 10:00 GR Exercise or Silver Sneakers ↔ 10:30 AR Let's Make Pretzels 11:00 GR Baptist Services with Randy † 1:30 AR Arbor Day Art Project 2:30 DR Entertainment with Rob B ♪ 4:00 GR Game Shows	10:00 GR Virtual Shabbat Services ☆ 10:30 GR Weekend Workout ↔ 11:00 AR Music & Manicures ★ 1:30 GR Saturday at the Movies 2:30 DR DIME BINGO \$
10:00 GR Virtual Catholic Service (Livestream St. Robert's Mass: YouTube) † 11:00 AR Move It, Shake It, Lift It! ↔ 1:30 AR Trivia 2:30 AR Pokeno \$ 6:00 Movie: <i>To Catch a Thief Ch 591</i>	10:00 GR Monday Move It ↔ 10:30 AR Art History with Katy 1:30 GR Word Games 2:30 GR Happy Hour 6:00 AR Independent Games ✓	International Jazz Day 8:30 Morning Meditation Ch591 10:00 GR Fitness Fanfare ↔ 10:30 AR In the Kitchen with Peggy 1:00 B TRIP: Turkey Swamp Park 🚗 1:30 AR Jazz Concert 2:30 DR DIME BINGO \$ 4:00 GR Kids Say The Darnedest Things, Ch 591 6:00 GR Movie Night: Residents' Choice from Netflix				

April

Word Search



- | | |
|-------------|----------|
| April Fools | Poetry |
| Arbor Day | Rainbow |
| Butterfly | Recycle |
| Clouds | Reduce |
| Daffodil | Reuse |
| Earth Day | Showers |
| Meadow | Tulips |
| Mist | Umbrella |

S L O O F L I R P A K E B L C
M H V B U T T E R F L Y D R L
E E O F T U P B V C T A E L O
H K W W L O O C Y S F D W O U
G J B I E R J C I F U H O M D
A F P T D R E M O C P T B P S
P S R A Z R S D E Q P R N L E
K Y Y J O Y I S O A E A I G J
D H J V S L U M C L D E A Q W
V K O J V E E D L O C O R P A
W R C E R C J A O S O X W Z E

